

VISITS WITH CLIENTS AT RAYS OF SONSHINE

Please remember: Visits are a privilege, not a right.

No one is allowed to just "DROP BY." If you desire to bring letters, gifts, money orders, clothes or personal items, you must call to arrange a time with staff. These items may be dropped off at the administration building at 200 Breard St. (on the corner of Second and Breard) or given to staff after family support meetings. If you "DROP BY" the clinic on Third Street during the week, you will be asked to leave and there will be restrictions put on the client's ability to call you or see you. All items must be left at 200 Breard after arranging a time.

On the 3rd Sunday a client is here, she is able to have Sunday afternoon visits based on her compliance with program requirements. Please phone the office on Friday afternoon to check on clients visiting privileges. Remember, one way they can be restricted is because of non compliance with the programs requirements, including rule violations or failure to complete responsibilities such as paperwork and chores.

Restrictions that may affect you include the removal of privileges such as phone calls, visits, mail, overnights. You may also be restricted from attending ROS church services.

Your compliance with these guidelines will also be taken in to consideration when visitation is reviewed during case management sessions.

SUNDAY MORNING FAMILY SUPPORT MEETING

616 North Third Street

10:30 a.m. – prior to Sunday church services

We do prefer that you attend at least one Tuesday evening support meeting each month but this time is also available for your convenience.

SUNDAY MORNING CHURCH SERVICE 11 a.m. at 317 N 2nd

Unless you have an appointment to meet with staff, arrive no more than 5 minutes before church is due to start 10:55 a.m.

Depart no more than 5 minutes after church is finished. Clients are required to return to residence immediately.

You may sit next to the client but please refrain from talking to them or others during the church service.

Please refrain from excessive touching and/or sitting in a semi hugging position.

Please listen to the service and join in as much as you can.

Please do not get up during the service (unless in an emergency). There are restrooms behind and to the right of the stage. We request that you not bring food or drinks. You may bring snacks for children if needed.

Please leave cell phones and cigarettes in your vehicle during church and visits.

If it is found that your visits are not conducive to the client's participation in the service you will be asked not to sit next to the client or asked not to attend.

** If a client is on a behavioral restriction, family support are not allowed to attend church services.

EMERGENCY NUMBER FOR RAYS OF SONSHINE IS 318-614-8978

SUNDAY AFTERNOON VISITATIONS

Ladies Residence (Blue House): 3515 South Grand

Women With Children: 3602 Richmond

Arrive at the residence no earlier than 1:30 p.m.

Depart no later than 3:30 p.m.

Visitors must sign in upon arriving to the residence

Visitors from out of town, with approval, may visit immediately after church

All visitors are allowed to visit after church and share a meal on the First Sunday

YOU MAY NOT BRING ANYTHING TO THE RESIDENCES FOR CLIENTS. Any items must be dropped off at our administration building during business hours or given to staff during family support meetings.

During your visit, please remember:

LOCK your vehicle

Leave cigarettes, purses, medications (including OTC) and cell phones in your vehicle.

Please keep your conversations positive.

Please talk to clients in full view of staff.

Please do not overly touch or hug the client.

If your visit has a negative effect on the client's attitude or program performance we will talk to you about this and restrict and/or closely supervise your visitation.

During your visit, please stay in the public areas: day room, dining room, kitchen or patio/porch. You are not allowed to visit in bedrooms – please respect the privacy of those ladies who do not have visitors. No visitation in bedrooms will be tolerated. Exception: If only children come, then staff can determine if child can go to bedroom.

If you are eating a meal with the client (First Sunday of each month and visitation commences straight after the church service) please eat with the other clients in the dining room or other group setting.

You are not allowed to give the client a ride anywhere.

You are not to allow the client to use your cell phone to make a call.

Do not be talked into doing something/getting something for a client.

Please do not enable a client to be anything less than responsible for their own business:

Clients are allowed to make business calls from the office.

Clients are allowed to send and receive mail (privilege can be taken away...)

Clients have ample opportunity to attend appointments and tend to their own case management.

If they need to make an appointment, send in a form, phone a lawyer...

THEY CAN DO IT FOR THEMSELVES

If you are bringing children to visit please keep control of them.

ONCE AGAIN: THERE IS NO OTHER TIME THAT YOU SHOULD BE ON OR AROUND RAYS OF SONSHINE PROPERTY. IF YOU ARE, YOU WILL BE ASKED TO LEAVE.

PLEASE READ THE FOLLOWING:

Enabling is defined as reacting to a person in a way that shields her from experiencing the full impact of the harmful consequences of behavior. Enabling behavior differs from helping in that it permits or allows the person to be irresponsible.

PROTECTION from natural consequences of behavior.

KEEPING SECRETS about behavior from others in order to keep peace.

MAKING EXCUSES for the behavior (school, friends, legal authorities, work, family members).

BAILING OUT of trouble. (debts, fixing tickets, paying lawyers, providing jobs).

BLAMING OTHERS for dependent person's behavior (friends, teachers, employers, family, self).

SEEING THE PROBLEM AS THE RESULT OF SOMETHING ELSE (shyness, adolescence, loneliness, child, broken home).

AVOIDING the chemically dependent person in order to keep peace. (out-of-sight, out-of-mind).

GIVING MONEY THAT IS UNDESERVED/UNEARNED

ATTEMPTING TO CONTROL (planning activities, choosing friends, getting jobs).

MAKING THREATS that have no follow through or consistency.

TAKING CARE OF the chemically dependent person (doing what he/she should be expected to for themselves).

PLEASE CONSIDER HOW YOU RELATE TO THE CLIENT:

Please remember that a client has committed to staying for an initial six months. Please support their completion of the program. If they want to 'go home' tell staff and do not offer them that option!

WHAT IS ENMESHMENT?

"We're enmeshed when we use an individual for our identity, sense of value, worth, well-being, safety, purpose, and security. Instead of two people present, we become one identity. More simply, enmeshment is present when our sense of wholeness comes from another person. We hear enmeshment phrases everyday such as, "I'd die without you," "You're my everything," "Without you, I'm nothing," "I need you," or "You make me whole." Many of us find our identity and self-worth by becoming the mate, parent, or friend of another or we find the need to fix and enable individuals to give us a sense of purpose. Enmeshment doesn't allow for individuality, wholeness, personal empowerment, healthy relationships with ourselves or others, and, most importantly, a relationship with God.

If you want to discuss the above information then please make an appointment to see us ... 318-323-0502.